

*Breathe in the essence of creativity; And touch the spirit of humanity;
Bathe in the healing light of quiet divinity; And discover the depths of your soul's beauty;
Quiet the mind for momentous revelation; And now, listen to the whisper of inspiration.*



Welcome to Inspiration

*A comfortable and quiet place, where you can
relax and contemplate your work,
be inspired in the company of your global counterparts,
and share your experiences in the many diverse backgrounds*



Inspiration
your home away from home

Blending traditional hospitality with modern amenities, Inspiration is an idyllic home away from home for all trainees, visitors, volunteers, and project students who come to Aravind from around the world. Located very close to the Aravind Eye Hospital and LAICO, Inspiration offers a comfortable and relaxing experience to the guests. The large open-to-sky courtyard in the centre, the large spacious lounges on each floor are designed to serve as inspirational spaces to generate creative thinking.

ELIGIBILITY:

Accommodation is limited to trainees, visitors, volunteers, project students and guests officially associated or registered with Aravind Eye Care System.



FACILITIES AND SERVICES:

All rooms have intercom facility and attached bathrooms with hot water. Wi-fi is available in all the rooms. The rooms are well air-conditioned and equipped with satellite television. Non-Ac rooms are also available.

To ensure that everyone can make the most of their time here, all guests are requested to abide by the rules and regulations of Inspiration.

*Tariff in ₹

Tariff (INR) per Occupant	Non AC		AC	
	Twin Sharing	Single	Twin Sharing	Single
Daily Tariff	250	350	500	700
Weekly tariff (7 days)	1,500	2,100	3,000	4,200
Monthly Tariff (for more than 21 days)	5,250	7,350	10,500	14,700

* These rates indicate room rent and do not include any other services



DINING

Food is catered at a common well-furnished dining area. To use the catering services, please pay and register for your meals on arrival. There will be no refunds for meal payments.

Meals are served at fixed timings, Monday through Saturday. On Sundays, only breakfast is served.

Breakfast: 7.00 - 8.30am, Lunch: 12.30 - 2.00pm, Dinner: 7.00 - 8.00pm.

Standard Breakfast includes eggs, porridge, toast, one Indian dish, fruit, and coffee/tea.

Lunch and Dinner will mainly consist of indian dishes consisting of roti (indian bread), rice, vegetables and fruits or dessert.



*Meal Plan in ₹

Period	Full Meal Plan	Breakfast	Lunch	Dinner
Monthly	4,500	1,300	1,700	1,500
Weekly	1,125	325	425	375
Daily Package	200	50	80	70

(Rates subject to change as per management desecration)

** Non vegetarian meals are served 3 times a week (Mon, Wed, Fri) at lunch*

WI-FI

Wi-fi is available in all the rooms. Internet time must be purchased from the reception desk (₹ 50 for one day, ₹ 200 for 7 days; ₹ 500 for a month)

FRONT DESK

Front Desk is open from 7.30am – 6.00pm to facilitate checking in and out, for enquiries, room booking, and receiving messages for the occupants.

Check-in

While checking-in, you are requested to submit the official letter from Aravind Eye Care System confirming your registration.

Check-out

12.00 noon check-out. Payment should be cleared at the time of checkout.

Payment

- Participants enrolled for training programs can make the payment in advance via wire transfer or Demand Draft along with the course fee. For each wire transfer, bank charges of US\$25 should be added to the total payment.
- Others are required to pay the full room rent at the time of check-in.
- Apart from the room rent, a refundable security deposit of ₹ 500 will also be charged.
- Charges towards other services such as laundry and newspaper should be paid separately.

POSTAL SERVICE

Regular postal and courier services are available at the LAICO building from 12.00 – 5.00pm. Please contact the LAICO receptionist. Other private courier service counters are also available close to the Guest House.

TELEPHONE

An intercom is provided in each room for connecting to the front desk and the hospital staff. Other public calls will have to be made from STD/ISD phone booths located near the Guest House.

RULES AND REGULATIONS

- Inspiration is an alcohol and smoke free building
- Inspiration does not offer room service
- Food served at 'Inspiration' has to be taken only in the dining hall. It should not be carried to the guest rooms.
- Visitors are not allowed to stay with the guests at any time
- All guests should be within the Guest House campus by 10.00pm

To ensure that everyone can make the most of their time here, all guests are requested to abide by the rules and regulations of Inspiration.

Contact us at:

Inspiration

1, Anna Nagar, Madurai - 625 020; Tamil Nadu, India
Phone: 0452 - 4356 800; Fax: 91-452-4356 810

Email: inspiration@aravind.org

For Reservations please contact:

Your Training co-ordinators
at Aravind Eye Hospital, Madurai
Phone: 0452-4356100